

## ABSTRACT

The present invention relates to a method for preventing viral infection, which includes administering arginine and a high dose of vitamin C. It also relates to an agent for preventing viral infection, which includes arginine and coated vitamin C. According to the present invention, a subject can be efficaciously prevented from viral infection without the use of a vaccine. The present invention requires cost much lower than prevention methods using vaccines, might seldom invite adverse drug actions and do not induce severe adverse drug actions.